

# Recycling Matters!!!

What Can I Recycle?

## Recycle Glass

What to Recycle:

Glass food and beverage bottles and jars only



How to Recycle:

1. Remove and dispose all lids and caps
2. Rinse all bottles and jars

What Not to Recycle:

No light bulbs, cookware, mirrors, window (plate) glass, ceramic dishes, drinking glasses, flower vases, cosmetic bottles, or medicine bottles.

## Recycle Cans

What to Recycle:

All food and beverage cans



How to Recycle:

1. Remove and dispose all lids and caps
2. Rinse all cans

What Not to Recycle:

No aluminum foil, aluminum pie plates or any other type of metal.

## Recycle Newspaper

What to Recycle:

All newspapers and any inserts that come with them

How to Recycle:

Simply place in recycling bin



What Not to Recycle:

Anything other than newspaper

## Recycle Plastic

### What to Recycle:

Plastic soft drink bottles and natural white milk jugs

### How to Recycle:

1. Remove and dispose all lids and caps
2. Rinse all bottles and jugs
3. Flatten the containers



### What Not to Recycle:

No margarine tubs, detergent bottles, yogurt cups, or any other types of plastic.

## **Did You Know?**

Americans produce 50% of the world's trash, but only make up 5% of the world's population.

Americans throw out 2.5 million plastic bottles every hour

The average American will throw away about 600 times their adult weight in garbage in a lifetime. This means that each adult will leave a 90,000 pound garbage inheritance to their children.

Enough copies of the Sunday edition of the newspaper alone are thrown away each week to compensate for almost half a million trees.